

# Vital Balance Fudge

This is a Special Occasion or Celebration Recipe. That means it is NOT meant to be used on a daily basis.

Melt over boiling water  
& stir to blend:

6 ozs of dark chocolate bark  
1/4 cup of coconut oil

Remove from heat &  
stir in:

1 cup almond butter  
2 tsp vanilla

To above mixture add, blend  
well & spread in 8 x 8 inch pan:

6 scoops Kenzen Vital Balance  
1/2 cup cocoa powder  
1/4 tsp stevia extract powder (equivalent to  
sweetness of 1/2 cup of sugar)  
1 cup almonds, roughly chopped  
3/4 tsp red pepper flakes, ground (optional)

Refrigerate until partially set, score & cut into 1" cubes. Return to the refrigerator until ready to serve.

Makes 56 pieces. 1 gram protein per piece.