## Annette Jackson's Testimonial told by Dr. John Jackson

Annette and I feel that it is our moral obligation to share her story and what Nikken can do for everyone. So here is our story:

In 1985 a drunk driver rear-ended Annette at 50+ MPH. She developed fibromyalgia and chronic fatigue. In Feb. of 2001, Annette came out on the little landing in front of our upstairs bedroom and called down to me at the foot of the stairs, asking for prayer. She needed more energy to keep teaching in her busy piano studio.

The next month we bought the Nikken water system from one of Annette's student moms, Masami. We had no idea of how good the water was, but trusted the Japanese lady recommending the system to us. After using the water about a month, Annette was invited to Masami's house. She was shown demos of magnetic and far infrared light energy. Very impressed by what she saw, Annette bought a few things since she felt more energy with them. This Japanese "angel" also loaned Annette a Nikken Sleep System, not knowing there was a sleep problem. Annette herself had no expectation of benefit. In fact, the first and second mornings after using the Nikken Sleep System she felt nothing new.

On the third day, she awoke at 6 AM, got up before 7 and had energy all day. At night when she went to bed there was still plenty of energy so she got up and took care of a few more things. By 11:30 she felt that she needed to go to bed for the next day, despite a total lack of fatigue. This was an absolute miracle. We took this to be the answer to our prayers of many years. Our family was used to always seeing Annette on the sofa, trying to catch up on her sleep. Her mom happened to be visiting and expressed concern that Annette was going and working, all day without rest! Either that same day or perhaps the 5<sup>th</sup> morning, Annette got up and told me that her neck felt longer. In retrospect, this was a sign that her fibromyalgia was getting better. Now it seems clear the Nikken water prepared her body to receive the magnetic energy and balanced energy flow was restored by the sleep system. This took her up a few steps on the wellness staircase, the first upward movement in 15 years!!

We next added Nikken nutritionals and Annette's health went up a couple more steps. Annette's life-long struggle with uncontrolled sweet and food cravings (almost 24/7) was reduced about 80-90%. As Nikken added more wellness technologies we acquired them and with each product Annette moved higher on the wellness stairs.

Now her allergies are about 99% better. [She developed allergic manifestations after the car accident and suffered a great deal, refusing any medication that just temporarily covered up symptoms and suppressed her immune function further.]

Annette takes almost all the nutritionals Nikken makes and her cravings are 100% gone. Heart palpitations are gone by using Nikken's biaxial PalmMag device. The PalmMag also helped Annette's terrible gum problems and has prevented any further root canals to date. We even treat bruises and burns with the magnets and far infrared materials. She always sleeps on the Nikken Sleep System, next to a Nikken Air Wellness Power5 on turbo (high) which produces 700,000 negative ions without any toxic byproduct, drinks about one gallon of Optimized PiMag water a day, wears magnetic insoles during the day, wears a magnetic neck chain 24/7, sits on magnetic seat pads and uses a Biaxial Magnetic Body Energizer 2 times a day. Sounds like a lot, but they are all

passive technologies which are easy to integrate into daily life. Feeling great, of course, is a very positive reminder.

Annette felt pretty well from the third morning. At that point we didn't anticipate that she could feel even better with each added wellness technology. We are now on an important frontier – reaching the ideal weight. In one more month she will arrive there thanks to Nikken's new Body Balance Weight Management program.

Now even when we travel, we always take the wellness home component products with us. Annette says that if there were no way to replace our Nikken wellness home environment, she would not sell the technologies, even for millions of dollars! Does this sound a little like an addiction? That's exactly right. We are dependent on ocean quality air, mountain stream-like water, organic whole food nutrition, the good sun and earth energies, as well as regenerating rest at night. We will never willingly part with this technological imitation that honors the Garden of Eden atmosphere originally created for our benefit and pleasure!!

We have now accumulated considerable experience and are confident that these products work on every human being, every living thing. The only thing we can't predict is the rate of change for an individual to notice the difference and come to the same conviction.

For every aspect of Annette's health and well-being, Nikken has had a solution. And she is not the only one. Every single person in our family who uses Nikken products has had life-changing, life-transforming and even life-saving results. In the last 5 years we have also met hundreds, if not thousands, of people with tremendous impacts. Yes, God made our body capable of healing itself most of the time, but only when all the proper ingredients are supplied for the cells to do their work. Nikken, in my opinion, produces all the right tools for our body to function the way God intended. This is a true gift that Nikken offers and we are trying to share the gift of knowledge with anyone willing to learn.

We thank God every day for answering our prayers through Nikken.

John Jackson, MD, FACP May 10, 2006